



Mount Greylock Regional School District
1781 Cold Spring Road
Williamstown, MA 01267
www.mgrhs.org, @AthleticsMG
Contact: Lindsey von Holtz, Athletic Director
lvonholtz@mgrhs.org, (413) 458-9582 x103

IMPORTANT ATHLETIC REGISTRATION INFORMATION

Any student interested in participating on an Athletic Team this year should attend the **Mandatory Parent/Athlete Meeting on August 22nd @ 6:00PM** in the School Cafeteria. Individual meetings for each fall sport will occur following this meeting. Students interested in playing football should attend the meeting on August 15th at 7pm with a parent/guardian in place of the meeting on the 22nd.

Prior to each season of athletic participation, all students must have:

- ✓ An **updated physical exam** on record at the school (within 13 months).
- ✓ **Completed the online registration** (<https://www.familyid.com/mount-greylock-athletics>).
Tip: Complete NFHS Concussion Course prior to registration (<http://nfhslearn.com>).
- ✓ Submitted the appropriate **participation fee** (\$120 High School, \$95 Middle School).

» » **Students will be unable to participate in any practice or contest until all information has been received. Please take care of this prior to the pre-season meeting to avoid having to sit out during a tryout. Missing a tryout may affect a student's ability to participate on a team.**

Important Dates:

August 15 th , 2017	7:00PM	Cafeteria	Football Preseason Meeting
August 18 th , 2017	8:00AM	Practice Field	First Day of Football Practice
August 22nd, 2017	6:00PM	Cafeteria	Required Parent/Athlete Meeting
August 24 th , 2017	TBD	Practice Areas	First Day of Golf, Soccer, Volleyball & XC
November 15 th , 2017	6:00PM	Cafeteria	Winter Parent/Athlete Meeting
November 27 th , 2017	3:00PM	Practice Areas	First Day of All Winter Sports
March 13 th , 2018	6:00PM	Cafeteria	Spring Parent/Athlete Meeting
March 19 th , 2018	3:00PM	Practice Areas	First Day of All Spring Sports

Questions??

Contact Director of Co-Curricular Activities & Athletics, Lindsey von Holtz
lvonholtz@mgrhs.org
(413) 458-9582 x103

GET INVOLVED!